

# Almond Flour applesauce Bread

## Ingredients:

- 2 cups Almond flour
- 1/2 cup tapioca flour
- 1/2 teaspoon sea salt
- 6 egg whites
- 1 tablespoon apple cider vinegar
- ¾ teaspoon baking soda
- 1/4 teaspoon nutmeg
- 1/2 cup unsweetened applesauce
- 1/4 cup olive oil
- 1 teaspoon pure vanilla extract

## Directions:

1. Preheat oven to 350 degrees F
2. Line a standard bread pan with parchment paper
3. Mix all ingredients together until mixture is smooth
4. Pour the batter into the bread pan
5. Bake for 30 to 35 until a toothpick that is inserted comes out clean
6. Allow to cool completely before cutting bread